

Recovery In Christ _____ Group
MEETING FORMAT (Day: _____ Time: _____ to _____)

Chairperson (Start and End on Time):

"I am recovering in Christ and my name is _____"

Welcome to the _____ RIC meeting. We are a fellowship of men and women who actively seek recovery through the 12 Steps and who share the common bond of seeking a deeper relationship with Jesus Christ as our Higher Power. You do not have to be a Christian to attend these meetings; all we ask is that you have an open mind and a desire to recover. If you are seeking a 'Higher Power' then you are in the right place.

We are committed to a Christ-centered approach to solving our common problems, and we believe that the Twelve Steps are Biblical principles that have great value in recovery and spiritual growth. People who regularly attend meetings and sincerely work the steps do recover and experience healing and spiritual progress.

God is truth and God is love. We further our recovery by being honest with one another. In this unique and healing way we share God's love. 'Know the truth and the truth shall make you free.' (John 8:32) We let others know who we are by being transparent about our own lives.

This needs to be a safe place, and we need to love and encourage one another. We believe practicing spiritual principles in our recovery will help us build deeper relationships and a life worth living. Due to the sensitive nature of this group, we must all agree to an atmosphere of dignity and respect for all participants. We ask our Zoom participants to keep their video camera on, but please mute when not speaking.

For our meetings we primarily use the Reaching Out to a Hurting World workbook for topical and Step discussions. We may refer to scriptures when sharing. Asking for help is perhaps the most difficult thing any of us has had to do, so we want to make it easy for newcomers and encourage questions about recovery.

1. "Let's open this meeting with the complete version of the Serenity Prayer - Page 10".
2. "Let's go around the room and introduce ourselves starting on my (*right / left*)".
3. "Will someone please read the" (Use Group Meeting Handouts):
 - a. The Twelve Steps - Page 7.
 - b. The Twelve Traditions - Page 8
 - c. Ground Rules for Support Groups - Page 9
 - d. And our Daily Meditation (*Life Recovery or another Devotional*)
4. "Would anyone like to comment on what was just read?" (*Limit accordingly*)
5. Introduce Topic: **SEE LEADERSHIP GUIDE**
6. **10 Minutes before end of meeting** - Pass 7th Tradition basket (*Last share*)
7. Recognize Recovery Anniversaries (*Have someone give out marbles*)
8. Announcements (Activities or events related to recovery)
9. Prayer Requests - Moment of silence (*Have someone read Prayer of Saint Francis - Page 10*)
10. Ask for help cleaning up and preparing the meeting room.



*The Lord is close to the brokenhearted
and saves those who are crushed in spirit.*

